**Medical Appointments Autism Passport**

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| **Personal information** | | | |
| **Name:**  **Please call me:** | **Pronouns:** | **DOB:** | **CHI:** |
| **Address:** | | | |
| **Contact in event of admission:** | | | |
| **Other information:** | | | |

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| **Communication needs** |
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| **Sensory needs** |
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| **Pain** |
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| **Crisis Points** Autistic crisis points are neurological stress responses triggered by e.g. sensory distress, prolonged socialising, emotional dysregulation, sudden change etc. Autistic crisis points fall into three categories: *meltdowns, shutdowns, and elopement.* These are not intentional or something autistic people can control. It is discriminatory to treat them as if they are planned. |
| **Signs a crisis point is imminent:**  **If I show these signs:**  **My crisis points can look like:**  **In the event of a crisis point it would be helpful if you could:** |

**During Appointments**

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| **Date:** | **Time:** |
| **Name & occupation of person seen:** | |
| **Appointment regarding:** | |
| **Diagnosis:** | |
| **Treatment plan:** | |
| **Follow up plan:** | |